

Onaga Quad 2010  
 Tuesday, April 6, 2010

Boys  
 Points By School

Place	School	Points
1st	Onaga	108
2nd	Centralia	100
3rd	Mission Valley	44
4th	Wetmore	14

Completed Events		
4 x 800 (3200 M) Relay	110 M Hurdles	100 M Dash
1600 M Run	4 x 100 (400 M) Relay	400 M Dash
300 M Hurdles	800 M Run	200 M Dash
3200 M Run	4 x 400 (1600 M) Relay	Shot Put
Discus	Javelin	High Jump
Pole Vault	Triple Jump	Long Jump

Incomplete Events
<i>All events are complete...</i>

# Onaga Quad 2010

Tuesday, April 6, 2010

## Meet Results By Division Boys

### 100 M Dash

Place	Contestant	School	Time
1st	G. Daniels	Onaga	11.90
2nd	T. Glatczak	Centralia	12.18
3rd	R. Barrera	Mission Valley	13.33
4th	J. Steinlage	Centralia	13.50
5th	C. Bloomer	Onaga	13.74

### 3200 M Run

Place	Contestant	School	Time
1st	L. Koch	Centralia	11:56.82
2nd	R. McClelland	Mission Valley	13:45.96
3rd	J. Durland	Centralia	13:51.53
4th	S. Broughman	Onaga	14:55.03

### 200 M Dash

Place	Contestant	School	Time
1st	M. Glatczak	Centralia	24.99
2nd	M. Tennison	Mission Valley	26.54
3rd	R. Barrera	Mission Valley	27.94
4th	C. Bloomer	Onaga	28.24
5th	C. Matzke	Onaga	28.74

### 4 x 400 (1600 M) Relay

Place	Contestants	School	Time
1st	J. Beatty J. Melvin G. Daniels C. Todd	Onaga	3:41.89
2nd	M. Glatczak P. Steinlage T. Glatczak K. Talkington	Centralia	3:59.38

### 400 M Dash

Place	Contestant	School	Time
1st	C. Todd	Onaga	52.77
2nd	J. Beatty	Onaga	56.33
3rd	T. Eisenbarth	Onaga	1:01.46
4th	N. Poley	Onaga	1:03.38
5th	C. Miller	Mission Valley	1:03.72

### 4 x 800 (3200 M) Relay

Place	Contestants	School	Time
1st	L. Koch J. Durland C. Graham L. Stallbaumer	Centralia	10:03.38
2nd	S. Brandon Riley Falk C. Ahlquist K. Bliss	Onaga	10:16.14
3rd	E. Downs D. Wines C. Gilbert R. McClelland	Mission Valley	11:40.65

### 800 M Run

Place	Contestant	School	Time
1st	T. Eisenbarth	Onaga	2:39.88
2nd	C. Ahlquist	Onaga	2:40.58
3rd	Riley Falk	Onaga	2:42.19
4th	G. Cress	Onaga	2:56.12
5th	E. Downs	Mission Valley	2:57.55

### 110 M Hurdles

Place	Contestant	School	Time
1st	C. Schwant	Onaga	20.31
2nd	Ryan Falk	Onaga	20.33
3rd	S. Broughman	Onaga	24.02

### 1600 M Run

Place	Contestant	School	Time
1st	L. Koch	Centralia	5:27.30
2nd	E. Downs	Mission Valley	6:16.91
3rd	C. Gilbert	Mission Valley	6:31.84
4th	D. Wines	Mission Valley	8:34.37

### 300 M Hurdles

Place	Contestant	School	Time
1st	C. Schwant	Onaga	49.93
2nd	J. Steinlage	Centralia	50.23
3rd	C. Gilbert	Mission Valley	53.87

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## Meet Results By Division Boys (Continued...)

### Long Jump

Place	Contestant	School	Distance
1st	G. Nightingale	Centralia	20'-0 1/2"
2nd	S. Cornelison	Centralia	19'-4 3/4"
3rd	J. Nightingale	Centralia	18'-11 1/2"
4th	J. Beatty	Onaga	17'-3"
5th	K. Bliss	Onaga	17'-1"

### High Jump

Place	Contestant	School	Height
1st	G. Nightingale	Centralia	5'-10"
2nd	J. Nightingale	Centralia	5'-10"
3rd	Ryan Falk	Onaga	5'-8"
4th	J. Melvin	Onaga	5'-6"
5th	C. Ahlquist	Onaga	5'-2"

### Shot Put

Place	Contestant	School	Distance
1st	R. Steinlage	Centralia	43'-9 1/2"
2nd	T. Single-Smith	Mission Valley	40'-0 1/2"
3rd	J. Reisinger	Onaga	38'-11"
4th	B. Kolterman	Onaga	37'-10"
5th	K. Talkington	Centralia	34'-6 1/2"

### Pole Vault

Place	Contestant	School	Height
1st	P. Steinlage	Centralia	12'-6"
2nd	C. Miller	Mission Valley	11'-6"
3rd	G. Nightingale	Centralia	11'-6"
4th	L. Stallbaumer	Centralia	11'-0"
5th	R. Barerra	Mission Valley	8'-1"

### Discus

Place	Contestant	School	Distance
1st	R. Steinlage	Centralia	146'-0"
2nd	M. Sowers	Wetmore	118'-9"
3rd	T. Single-Smith	Mission Valley	97'-10"
4th	S. McCormick	Onaga	92'-10"
5th	N. Poley	Onaga	89'-9"

### 4 x 100 (400 M) Relay

Place	Contestants	School	Time
1st	M. Glatczak P. Steinlage T. Glatczak K. Talkington	Centralia	46.26
2nd	C. Matzke Riley Falk C. Schwant D. Faulk	Onaga (Team B)	52.38
3rd	N. Kiefer J. Gerber W. Hodge M. Sowers	Wetmore	54.71

### Triple Jump

Place	Contestant	School	Distance
1st	S. Cornelison	Centralia	39'-7 1/2"
2nd	Riley Falk	Onaga	38'-8"
3rd	Ryan Falk	Onaga	36'-9"
4th	C. Miller	Mission Valley	36'-6 1/2"
5th	E. Reznicek	Wetmore	36'-5"

### Javelin

Place	Contestant	School	Distance
1st	J. Melvin	Onaga	170'-10 1/2"
2nd	H. Eisenbarth	Wetmore	163'-3"
3rd	R. Henry	Wetmore	139'-9 1/2"
4th	J. Reisinger	Onaga	123'-7"
5th	S. McCormick	Onaga	105'-4"

2010 OHS Quad  
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Girls  
 Points By School

Place	School	Points
1st	Centralia	107
2nd	Onaga	92.5
3rd	Mission Valley	39
4th	Wetmore	24.5

Completed Events		
100 M Dash	200 M Dash	400 M Dash
800 M Run	1600 M Run	3200 M Run
4 x 100 (400 M) Relay	4 x 400 (1600 M) Relay	4 x 800 (3200 M) Relay
100 M Hurdles	300 M Hurdles	Long Jump
Shot Put	Discus	Triple Jump
Javelin	High Jump	Pole Vault

Incomplete Events
<i>All events are complete...</i>

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Meet Results By Division  
Girls

100 M Dash

Place	Contestant	School	Time
1st	Gleason, J	Centralia	14.24
2nd	Ames, B	Onaga	15.15
3rd	Niehues, S	Mission Valley	15.25
4th	Mabe, C	Onaga	15.75
5th	Utley, H	Onaga	16.58

200 M Dash

Place	Contestant	School	Time
1st	Gleason, J	Centralia	30.38
2nd	Niehues, S	Mission Valley	31.91
3rd	Ames, B	Onaga	32.32
4th	Schwant, D	Onaga	32.72
5th	Mabe, C	Onaga	33.01

400 M Dash

Place	Contestant	School	Time
1st	Glessner, E	Onaga	1:10.62
2nd	Deters, J	Mission Valley	1:13.71
3rd	Niehues, S	Mission Valley	1:15.53
4th	Bryan, C	Onaga	1:17.31

800 M Run

Place	Contestant	School	Time
1st	Glessner, B	Onaga	3:05.81
2nd	Knight, A	Mission Valley	3:19.69
3rd	Van Meter, C	Mission Valley	3:23.39
4th	Steinlage, R	Centralia	3:35.26
5th	Plette, E	Centralia	3:37.68

1600 M Run

Place	Contestant	School	Time
1st	Boos, A	Onaga	6:35.99
2nd	Van Meter, C	Mission Valley	6:53.66
3rd	McNally, E	Centralia	6:56.97
4th	Knight, A	Mission Valley	6:59.38
5th	Revell, E	Onaga	7:39.29

3200 M Run

Place	Contestant	School	Time
1st	Boos, A	Onaga	14:47.94
2nd	McNally, E	Centralia	16:19.75

4 x 100 (400 M) Relay

Place	Contestants	School	Time
1st	Heideman, B Haug, M Heideman, R Gleason, J	Centralia	55.09
2nd	Ames, D Mabe, C Krohn, J Glessner, B	Onaga (Team A)	57.35
3rd	Meggison, A Law, C Frye, A Kozinska, U	Wetmore	1:01.30

4 x 400 (1600 M) Relay

Place	Contestants	School	Time
1st	Ames, D Bryan, C Glessner, E Moser, K	Onaga	5:01.82
2nd	Heideman, B Haug, M Olberding, J McNally, E	Centralia	5:19.04

4 x 800 (3200 M) Relay

Place	Contestants	School	Time
1st	Boos, A Glessner, B Ames, D Glessner, E	Onaga	12:31.94
2nd	Steinlage, R McNally, E Plette, E Ce#1	Centralia	14:17.73

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Meet Results By Division  
Girls (Continued...)

100 M Hurdles

Place	Contestant	School	Time
1st	Kramer, D	Wetmore	17.90
2nd	Heideman, B	Centralia	18.56
3rd	Haug, M	Centralia	19.32
4th	Olberding, J	Centralia	20.09
5th	Schwant, D	Onaga	20.33

Triple Jump

Place	Contestant	School	Distance
1st	Krohn, J	Onaga	30'-10"
2nd	Niehues, S	Mission Valley	29'-1 1/2"
3rd	Revell, E	Onaga	25'-2 1/2"
4th	Boyd, K	Onaga	22'-6 1/2"
5th	Walker, A	Onaga	22'-1 3/4"

300 M Hurdles

Place	Contestant	School	Time
1st	Haug, M	Centralia	55.25
2nd	Olberding, J	Centralia	58.68
3rd	Schwant, D	Onaga	59.09
4th	Deters, J	Mission Valley	1:05.69

Javelin

Place	Contestant	School	Distance
1st	Hasenkamp, B	Centralia	103'-10"
2nd	Gill, K	Centralia	87'-11 1/2"
3rd	Boyd, K	Onaga	87'-6 1/2"
4th	Meggison, A	Wetmore	76'-3"
5th	Hanzlik, S	Centralia	69'-5 1/2"

Long Jump

Place	Contestant	School	Distance
1st	Kramer, D	Wetmore	15'-10"
2nd	Boden, N	Wetmore	14'-6 1/2"
3rd	Gleason, J	Centralia	14'-5 1/2"
4th	Ames, B	Onaga	14'-1"
5th	Heideman, R	Centralia	14'-0"

High Jump

Place	Contestant	School	Height
1st	Bryan, C	Onaga	4'-8"
2nd	Krohn, J	Onaga	4'-8"
3rd	Kramer, D	Wetmore	4'-6"
4th	Law, C	Wetmore	4'-4"
4th	Glessner, E	Onaga	4'-4"

Shot Put

Place	Contestant	School	Distance
1st	Hasenkamp, B	Centralia	28'-7"
2nd	Wiegert, K	Centralia	26'-6"
3rd	Vernon, M	Centralia	26'-1 1/2"
4th	Buchan, A	Mission Valley	25'-4"
5th	Cordell, A	Onaga	24'-10"

Pole Vault

Place	Contestant	School	Height
1st	Deters, K	Centralia	7'-7"
2nd	Heideman, R	Centralia	7'-1"
3rd	Hanke, S	Mission Valley	6'-1"
4th	Stallbaumer, C	Centralia	6'-1"

Discus

Place	Contestant	School	Distance
1st	Wiegert, K	Centralia	99'-6"
2nd	Schmitz, E	Centralia	85'-6"
3rd	Cordell, A	Onaga	82'-10"
4th	Vernon, M	Centralia	80'-11"
5th	Bowers, T	Mission Valley	61'-4"