

Frankfort Invitational April 23, 2010

Girls

1st place Frankfort 194

2nd place Hanover 120

3rd place Centralia 96

4th place Valley Heights 82

High Jump

1st Place	F	Dressman	4'8	
2nd Place	H	Zabokrtsky	4'6	tie
3rd Place	F	Griffin	4'6	tie
4th Place	H	Eggert-Klecan	4'4	tie
5th Place	H	Dittmer	4'4	tie
6th Place	F	Christener	4'2	

Triple Jump

1st Place	F	Maynard	33'4
2nd Place	VH	Musil	31'8
3rd Place	VH	Parker	31'4
4th Place	VH	Wilkenson	31'
5th Place	H	Zabokrtsky	30'8.5
6th Place	H	Bruna	30'6

Pole Vault

1st Place	F	Griffin	8'
2nd Place	C	Heideman	8'
3rd Place	C	Stallbaumer	7'6
4th Place	F	Jones	7'6
5th Place	0	Deters	0
6th Place	0		0

100 M Hurdles

1st Place	C	Heideman	16.64
2nd Place	VH	Parker	17.05
3rd Place	F	Roberts	18.08
4th Place	F	Griffin	18.88
5th Place	C	Haug	19.33
6th Place	C	Olberding	19.43

Discus

1st Place	F	Hale	95'09
2nd Place	H	Simoncic	91'05
3rd Place	C	Wiegert	89'10
4th Place	F	Bergmann	88'08
5th Place	VH	Zidek	85'02
6th Place	C	Schmitz	82'2

100 M Dash

1st Place	C	Gleason	13.26
2nd Place	H	Bruna	13.55
3rd Place	F	Langsdorf	14.36
4th Place	F	Chrsitener	14.53
5th Place	VH	Hays	14.54
6th Place	VH	Tormondson	14.57

Long Jump

1st Place	C	Heideman	14'2
2nd Place	F	Maynard	13'11.5
3rd Place	F	Langsdorf	13'11
4th Place	H	Rengstorf	13'09
5th Place	H	Bruna	13'08.5
6th Place	VH	Bargdill	13'06.5

4x800 Relay

1st Place	H	Hanover	11:33.9
2nd Place	F	Frankfort	12:26.0
3rd Place	0	Centralia	00:00.0
4th Place	0	0	00:00.0
5th Place	0	0	00:00.0
6th Place	0	0	00:00.0

Shot Put

1st Place	VH	Bargdill	32'1
2nd Place	F	Hale	29'9.5
3rd Place	F	Langsdorf	29'1.5
4th Place	F	Small	28'11
5th Place	F	Rogers	28'08.5
6th Place	H	Rahe	27'7.5

1600 M Run

1st Place	F	Seematter	06:50.7
2nd Place	H	Simoncic	06:53.6
3rd Place	C	McNally	06:57.0
4th Place	0	Andraka	0
5th Place	0	Nordquist	0
6th Place	0	Anderson	0

Javelin

1st Place	F	Dwerlkotte	101'1
2nd Place	F	Rogers	117'2
3rd Place	VH	Zidek	97'
4th Place	C	Hasenkamp	94'9
5th Place	H	Simoncic	89'5
6th Place	F	Small	87'7

400 M dash

1st Place	H	Zabokrtsky	01:03.9
2nd Place	H	Eggert/Klecan	01:08.7
3rd Place	VH	Wilkenson	01:11.0
4th Place	F	Griffin	01:13.0
5th Place	VH	Hays	00:00.0
6th Place	C	Olberding	00:00.0

300 M Hurdles

1st Place	C	Heideman	49.36
2nd Place	F	Roberts	50.69
3rd Place	VH	Parker	51.34
4th Place	C	Haug	54.26
5th Place	VH	Atkinson	65.93
6th Place	0	Olberding	0

800 M Run

1st Place	H	Jueneman	02:45.1
2nd Place	H	Bruna	02:55.5
3rd Place	F	Smart	02:59.8
4th Place	F	Seematter	03:13.8
5th Place	C	Plette	03:16.5
6th Place	C	Steinlage	03:16.8

4x100 M Relay

1st Place	C	Centralia	53.68
2nd Place	F	Frankfort R	54.04
3rd Place	VH	Valley Heights P	54.71
4th Place	H	Hanover	56.49
5th Place	F	Frankfort G	58.06
6th Place	VH	Valley Heights W	59.91

3200 M Run

1st Place	0	0	00:00.00
2nd Place	0	0	00:00.00
3rd Place	0	0	00:00.00
4th Place	0	0	00:00.00
5th Place	0	0	00:00.00
6th Place	0	0	00:00.00

4x 400 M Relay

1st Place	H	Hanover	04:20.89
2nd Place	F	Frankfort R	04:35.19
3rd Place	VH	Valley Heights	04:46.71
4th Place	C	Centralia	04:58.20
5th Place	F	Frankfort G	05:03.23
6th Place	0	0	00:00.00

200 M Dash

1st Place	C	Gleason	28.87
2nd Place	H	Eggert/Klecan	29.65
3rd Place	F	Dressman	30.61
4th Place	VH	Lockhart	30.77
5th Place	H	Dittmer	31.38
6th Place	VH	Tormondson	31.6

Frankfort Invitational April 23, 2010

Girls

DISCUS

<u>First Name</u>	<u>Last Name</u>	<u>Distance</u>	<u>School</u>
Josie	Hale	95'09	F
Victoria	Simoncic	91'05	H
Katelynn	Wiegert	89'10	C
Calley	Bergmann	88'08	F
Jessie	Zidek	85'02	VH
Emily	Schmitz	82'2	C
Jessica	Bishop	80'10	F
Miranda	Viriden	80'09	F
Steph	Rahe	78'02	H
Dani	Lockhart	69'11	VH
Arissa	Viriden	69'09	F
Meghan	Vernon	69'04	C
Shoshana	Lamb	64'06	F
Tegan	Small	62'07	F
Kristena	Crubmley	44'9	VH
Danielle	Carroll		F
Becca	Hasenkamp		C

SHOT PUT

<u>First Name</u>	<u>Last Name</u>	<u>Distance</u>	<u>School</u>
Miranda	Bargdill	32'1	VH
Josie	Hale	29'9.5	F
Lisa	Langsdorf	29'1.5	F
Tegan	Small	28'11	F
Ashley	Rogers	28'08.5	F
Steph	Rahe	27'7.5	H
Meghan	Vernon	27'4.5	C
Becca	Hasenkamp	27'2	C
Shoshana	Lamb	26'9.5	F
	Zidek	26'5	VH
Katelynn	Wiegert	26'4.5	C
Dani	Lockhart	25'11.5	VH
Emily	Schmitz	24'1.5	C
Kelli	Gill	23'8.5	C
	Viridon	22'11.5	F
Emily	Bussman	22'1.5	VH
	Grumbley	20'3.5	VH
Sheriden	Hanzlik		C
Macy	Parker		VH

HIGH JUMP

<u>First Name</u>	<u>Last Name</u>	<u>Height</u>	<u>School</u>
Kylie	Dressman	4'8	F
Kendra	Zabokrtsky	4'6	H
Taylor	Griffin	4'6	F
Coleen	Eggert-Klecan	4'4	H
Kelsee	Dittmer	4'4	H
Melissa	Christener	4'2	F

LONG JUMP

<u>First Name</u>	<u>Last Name</u>	<u>Distance</u>	<u>School</u>
Renee	Heideman	14'2	C
Heather	Maynard	13'11.5	F
Lisa	Langsdorf	13'11	F
Ashley	Rengstorf	13'09	H
Claire	Bruna	13'08.5	H
Miranda	Bargdill	13'06.5	VH
Joanie	Gleason	13'05	C
Ellie	Musil	13'02	VH
Courtney	Jueneman	12'06.5	H
Deanna	Ambrose	11'9	F
Sam	Jones	11'5	VH
Elli	Plette	10'5	C
Kelsee	Dittmer	10'10	H
Cassie	Rosine	07'3.5	C
Ashley	Rogers		F
Morgan	Wilkenson		VH

TRIPLE JUMP

<u>First Name</u>	<u>Last Name</u>	<u>Distance</u>	<u>School</u>
Heather	Maynard	33'4	F
Ellie	Musil	31'8	VH
	Parker	31'4	VH
Morgan	Wilkenson	31'	VH
Kendra	Zabokrtsky	30'8.5	H
Claire	Bruna	30'6	H
Kylie	Dressman	30'3	F
Erica	Dwerlkotte	29'10	F
Rebecca	Kohman	28'10	F
Sam	Jones	26'1	VH
Sydney	Pralle		H

100 m HURDLES

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Beth	Heideman	16.64	C
Macy	Parker	17.05	VH
Tia	Roberts	18.08	F
Taylor	Griffin	18.88	F
Michelle	Haug	19.33	C
Jessica	Olberding	19.43	C
Katie	Atkinson	20.25	VH

1600 m Run

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Kaydee	Seematter	06:50.69	F
Victoria	Simoncic	06:53.60	H
Emily	McNally	06:56.95	C
Karina	Andraka		
Kayla	Nordquist		
Monica	Anderson		
Tiffany	Bruna		

400 m Dash

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Kendra	Zabokrtsky	01:03.9	H
Coleen	Eggert/Klecan	01:08.7	H
Morgan	Wilkenson	01:11.0	VH
	Griffin	01:13.0	F
Kristen	Hays		VH
Jessica	Olberding		C
Claire	Bruna		H

800 M Run

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Courtney	Jueneman	02:45.1	H
Tiffany	Bruna	02:55.48	H
Mykaela	Smart	02:59.82	F
Kaydee	Seematter	03:13.81	F
Elli	Plette	03:16.50	C
Roxy	Steinlage	03:16.85	C
Emily	McNally	03:23.06	C
Karina	Andraka		VH

POLE VAULT

<u>First Name</u>	<u>Last Name</u>	<u>Height</u>	<u>School</u>
Taylor	Griffin	8'	F
Renee	Heideman	8'	C
Ciara	Stallbaumer	7'6"	C
Jessa	Jones	7'6"	F
Kindal	Deters		

JAVELIN

<u>First Name</u>	<u>Last Name</u>	<u>Distance</u>	<u>School</u>
Erica	Dwerlkotte	101'1"	F
Ashley	Rogers	117'2"	F
Jessie	Zidek	97'	VH
Becca	Hasenkamp	94'9"	C
Victoria	Simoncic	89'5"	H
Tegan	Small	87'7"	F
Kelli	Gill	84'9"	C
Miranda	Tormondson	84'4"	VH
Emily	Bussman	83'6"	VH
Jordan	Kennedy	82'5"	F
Josie	Hale	82'11"	F
Jessa	Jones	77'6"	F
Sheriden	Hanzlik	75'2"	C
Rebecca	Kohman	72'8"	F
Elizabeth	Moore	61'3"	H
Kayla	Nordquist	60'11"	VH
	Crumbley	55'2"	VH

100 m DASH

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Joanie	Gleason	13.26	C
	Bruna	13.55	H
Lisa	Langsdorf	14.36	F
Melissa	Chrsitener	14.53	F
Kristen	Hays	14.54	VH
Miranda	Tormondson	14.57	VH
Jessica	Olberding	14.91	C
Katie	Atkinson	15.19	VH
Steph	Rahe	15.24	H
Kelsee	Dittmer	15.46	H
Sam	Jones	15.79	VH
Elizabeth	Moore	15.91	H
Cassie	Rosine	18.37	C
Roxy	Steinlage		C

400 m Relay**300 M Hurdles**

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Beth	Heideman	49.36	C
Tia	Roberts	50.69	F
Macy	Parker	51.34	VH
Michelle	Haug	54.26	C
Katie	Atkinson	65.93	VH
Jessica	Olberding		

<u>School</u>	<u>Time</u>	
Centralia	53.68	C
Frankfort R	54.04	F
Valley Heights P	54.71	VH
Hanover	56.49	H
Frankfort G	58.06	F
Valley Heights W	59.91	VH

3200 M Run

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
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4x800 Relay

<u>School</u>	<u>Time</u>	
Hanover	11:33.88	H
Frankfort	12:26.03	F
Centralia		C

4x 400 M Relay

<u>School</u>	<u>Time</u>	
Hanover	04:20.89	H
Frankfort R	04:35.19	F
Valley Heights	04:46.71	VH
Centralia	04:58.20	C
Frankfort G	05:03.23	F

200 m Dash

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Joanie	Gleason	28.87	C
Coleen	Eggert/Klecan	29.65	H
Kylie	Dressman	30.61	F
Dani	Lockhart	30.77	VH
Kelsee	Dittmer	31.38	H
Miranda	Tormondson	31.6	VH
Kristen	Hays	32.39	VH
Melsissa	Christener	32.39	F
	Bergman	32.65	F
	Moore	34.42	H

Frankfort Invitational April 23, 2010

Boys

1st place	Centralia	209
2nd place	Valley Heights	162

3rd place	Frankfort	122
4th place	Hanover	23

High Jump

1st Place	C	Nightingale	6'6
2nd Place	C	Nightingale	6'4
3rd Place	F	Huninghake	5'10
4th Place	F	Bergman	5'06
5th Place	VH	Blackburn	5'04
6th Place	VH	Coon	5'04

Triple Jump

1st Place	C	Nightingale	41'03
2nd Place	C	Nightingale	39'02
3rd Place	C	Cornelison	38'10.5
4th Place	VH	Guzzo	38'10.5
5th Place	C	Talkington	38'10
6th Place	C	Olberding	38'04.5

Pole Vault

1st Place	C	Steinlage	13'
2nd Place	C	Nightingale	12'6
3rd Place	C	Stallbaumer	11'6
4th Place	F	Brown	09'6
5th Place	F	Ippert	08'
6th Place	0	0	0

100 M Hurdles

1st Place	VH	Blackburn	16.43
2nd Place	F	Ippert	18.64
3rd Place	VH	Whitson	19.51
4th Place	0	0	0
5th Place	0	0	0
6th Place	0	0	0

Discus

1st Place	C	Steinlage	136'7
2nd Place	F	Studer	122'11
3rd Place	VH	Andersen	120'9
4th Place	F	Broxterman	115'3
5th Place	F	Broxterman	101'3
6th Place	VH	Grayson	84'7

100 M Dash

1st Place	C	Glatczak	11.52
2nd Place	C	Steinlage	11.78
3rd Place	C	Talkington	11.9
4th Place	VH	Crook	12.04
5th Place	C	Glatczak	12.2
6th Place	C	Steinlage	12.4

Long Jump

1st Place	C	Nightingale	21'7
2nd Place	C	Cornelison	20'
3rd Place	C	Nightingale	19'11
4th Place	F	Huninghake	19'03
5th Place	VH	Crook	17'6
6th Place	VH	Dobrovolny	17'4

4x800 Relay

1st Place	F	Frankfort	09:52.78
2nd Place	0	Centralia	00:00.00
3rd Place	0	0	00:00.00
4th Place	0	0	00:00.00
5th Place	0	0	00:00.00
6th Place	0	0	00:00.00

Shot Put

1st Place	C	Steinlage	45'2
2nd Place	VH	Schmitz	40'7
3rd Place	F	Broxterman	37'8.5
4th Place	F	Broxterman	37'6
5th Place	VH	Carlson	36'8.5
6th Place	VH	Coon	36'3

1600 M Run

1st Place	VH	Berger	05:06.26
2nd Place	C	Koch	05:13.94
3rd Place	H	Zarbynicky	05:33.82
4th Place	VH	Grayson	05:42.20
5th Place	C	Graham	05:43.42
6th Place	H	Rahe	06:10.75

Javelin

1st Place	VH	Carlson	159'11
2nd Place	VH	Coon	142'
3rd Place	VH	Schmitz	134'10
4th Place	F	Broxterman	129'06
5th Place	VH	Adnersen	120'04
6th Place	VH	Boeschling	102'08

4x100 M Relay

1st Place	VH	Valley Heights P	46.06
2nd Place	C	Centralia	46.43
3rd Place	F	Frankfort	50.17
4th Place	VH	Valley Heights W	52.02
5th Place	0	0.00	0
6th Place	0	0.00	0

400 M dash

1st Place	C	Glatczak	54.98
2nd Place	F	Koch	55.76
3rd Place	H	Steinfort	55.96
4th Place	VH	Trimble	55.98
5th Place	F	Gallion	62.45
6th Place	VH	Winslow	62.63

800 M Run

1st Place	F	Koch	02:23.02
2nd Place	F	Bergman	02:25.97
3rd Place	VH	Grayson	02:38.50
4th Place	F	Roberts	02:47.72
5th Place	VH	Winslow	02:56.44
6th Place	C	Koelzer	03:24.85

300 M Hurdles

1st Place	C	Glatczak	46.42
2nd Place	VH	Whitson	46.83
3rd Place	VH	Blackburn	47.57
4th Place	F	Ippert	47.83
5th Place	C	Steinlage	49.22
6th Place	0	Brown	0

200 M Dash

1st Place	C	Glatczak	24.75
2nd Place	C	Steinlage	26.3
3rd Place	F	Gallion	27.8
4th Place	VH	Hyatt	28.06
5th Place	VH	Grayson	29.97
6th Place	0	Diederich	0

3200 M Run

1st Place	VH	Berger	11:31.91
2nd Place	C	Koch	11:43.96
3rd Place	H	Zarybnicky	13:03.34
4th Place	H	Rahe	13:38.43
5th Place	C	Durland	13:45.65
6th Place	0	0	00:00.00

4x 400 M Relay

1st Place	VH	Valley Heights P	03:50.40
2nd Place	F	Frankfort	03:53.90
3rd Place	VH	Valley Heights W	04:24.50
4th Place	0	Centralia	00:00.00
5th Place	0	0	00:00.00
6th Place	0	0	00:00.00

Frankfort Invitational April 23, 2010

BOYS

DISCUS

<u>First Name</u>	<u>Last Name</u>	<u>Distance</u>	<u>School</u>
Rodney	Steinlage	136'7	C
Vince	Studer	122'11	F
Garrett	Andersen	120'9	VH
Jacob	Broxterman	115'3	F
Caleb	Broxterman	101'3	F
Aaron	Grayson	84'7	VH
Aaron	Boeschling	82'5	VH
Kyle	Munsterman	79'9	H
Lincoln	McClary	79'	C
Shawn	Thomas	76'2	F
Dylan	Parker	70'6	VH
Andrew	McGuire		F
Joshua	Meyer		H
Kyson	Talkington		C

SHOT PUT

<u>First Name</u>	<u>Last Name</u>	<u>Distance</u>	<u>School</u>
Rodney	Steinlage	45'2	C
Matt	Schmitz	40'7	VH
Caleb	Broxterman	37'8.5	F
Jacob	Broxterman	37'6	F
Jake	Carlson	36'8.5	VH
Benton	Coon	36'3	VH
Garrett	Andersen	36'1	VH
Kyson	Talkington	35'1	C
Aaron	Boeschling	34'7.5	VH
Shawn	Thomas	33'	F
Dylan	Parker	31'7.5	VH
Kyle	Munsterman	29'5.5	H
Andrew	McGuire	27'9	F
Lincoln	McClary	27'9	C
Johnny	Steinlage		C
Joshua	Meyer		H

Long Jump

<u>First Name</u>	<u>Last Name</u>	<u>Distance</u>	<u>School</u>
Gale	Nightingale	21'7	C
Shaun	Cornelison	20'	C
Jerell	Nightingale	19'11	C
Randy	Huninghake	19'03	F
Jordan	Crook	17'6	VH
Brody	Dobrovolny	17'4	VH
Kaylor	Talkington	17'4	C
Austin	Steinfert	16'9	H
Terron	Roberts	14'4	F
Jimmy	House	10'2	VH
Greg	Koelzer	08'4	C
Sam	Olberding		C
Luke	Oldehoeft		VH
Jerod	Diederich		H

HIGH JUMP

<u>First Name</u>	<u>Last Name</u>	<u>Height</u>	<u>School</u>
Jerell	Nightingale	6'6	C
Gale	Nightingale	6'4	C
	Huninghake	5'10	F
Jordan	Bergman	5'06	F
Chase	Blackburn	5'04	VH
Benton	Coon	5'04	VH
Chris	Winslow	0	VH

TRIPLE JUMP

<u>First Name</u>	<u>Last Name</u>	<u>Distance</u>	<u>School</u>
Gale	Nightingale	41'03	C
Jerell	Nightingale	39'02	C
Shaun	Cornelison	38'10.5	C
Anthony	Guzzo	38'10.5	VH
Kaylor	Talkington	38'10	C
Sam	Olberding	38'04.5	C
Brody	Dobrovolny	37'11	VH
Tanner	Trimble	37'02	VH
	Trimble C	37'01.5	VH
Mark	Zarbynicky	33'09	H
	Durland	28'05.5	C
Greg	Koelzer	19'08.5	C

POLE VAULT

<u>First Name</u>	<u>Last Name</u>	<u>Height</u>	<u>School</u>
Phil	Steinlage	13'	C
Gale	Nightingale	12'6	C
Logan	Stallbaumer	11'6	C
Calahan	Brown	09'6	F
Jonathan	Ippert	08'	F

100 m HURDLES

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Chase	Blackburn	16.43	VH
Jonathan	Ippert	18.64	F
MarE	Whitson	19.51	VH

1600 m Run

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Lane	Berger	05:06.26	VH
Lukas	Koch	05:13.94	C
Mark	Zarbynicky	05:33.82	H
Aaron	Grayson	05:42.20	VH
Cody	Graham	05:43.42	C
John	Rahe	06:10.75	H
Alex	Winslow	06:20.97	VH
Joshua	Meyer		H
Terron	Roberts		F

400 m Dash

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Michael	Glatczak	54.98	C
Dan	Koch	55.76	F
Austin	Steinfort	55.96	H
Cody	Trimble	55.98	VH
Parker	Gallion	62.45	F
Chris	Winslow	62.63	VH
Charles	Hyatt	71.84	VH
Jon	Durland		C
Luke	Oldehoeft		VH
Jerod	Diederich		H

800 m Run

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Matt	Koch	02:23.02	F
Jordan	Bergman	02:25.97	F
Aaron	Grayson	02:38.50	VH
Terron	Roberts	02:47.72	F
Alex	Winslow	02:56.44	VH
Greg	Koelzer	03:24.85	C
Austin	Steinfort		H

JAVELIN

<u>First Name</u>	<u>Last Name</u>	<u>Distance</u>	<u>School</u>
Jake	Carlson	159'11	VH
Benton	Coon	142'	VH
Matt	Schmitz	134'10	VH
Jacob	Broxterman	129'06	F
Garrett	Adnersen	120'04	VH
Aaron	Boeschling	102'08	VH
Kyson	Talkington	101'07	C
Dylan	Parker	092'2	VH
Andrew	Mcguire		F
Tyler	Glatczak		C
Rodney	Steinlage		C

100 m DASH

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Michael	Glatczak	11.52	C
Phil	Steinlage	11.78	C
Kaylor	Talkington	11.90	C
Jordan	Crook	12.04	VH
Tyler	Glatczak	12.20	C
John	Steinlage	12.40	C
Sam	Olberding	12.47	C
Parker	Gallion	12.76	F
Tanner	Trimble	13.03	VH
Charles	Hyatt	13.40	VH
Tim	Grayson	14.36	VH
Jimmy	House	15.94	VH
Shaun	Cornelison		C
Jerod	Diederich		H
Anthony	Guzzo		VH

400 m Relay

<u>School</u>	<u>Time</u>	<u>School</u>
Valley Heights P	46.06	VH
Centralia	46.43	C
Frankfort	50.17	F
Valley Heights W	52.02	VH

4x800 Relay

<u>School</u>	<u>Time</u>
Frankfort	09:52.78
Centralia	00:00.0

300 M Hurdles

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Tyler	Glatczak	46.42	C
MarE	Whitson	46.83	VH
Chase	Blackburn	47.57	VH
Jonathan	Ippert	47.83	F
John	Steinlage	49.22	C
Calahan	Brown		
Kyle	Huddleston		

200 m Dash

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Michael	Glatczak	24.75	C
	Steinlage	26.3	C
Parker	Gallion	27.8	F
Charles	Hyatt	28.06	VH
Tim	Grayson	29.97	VH
Jerod	Diederich		

3200 M Run

<u>First Name</u>	<u>Last Name</u>	<u>Time</u>	<u>School</u>
Lane	Berger	11:31.91	VH
Lukas	Koch	11:43.96	C
Mark	Zarybnicky	13:03.34	H
John	Rahe	13:38.43	H
Jon	Durland	13:45.65	C

4x 400 M Relay

<u>School</u>	<u>Time</u>	<u>School</u>
Valley Heights P	03:50.40	VH
Frankfort	03:53.90	F
Valley Heights W	04:24.50	VH
Centralia		